



VERMONT ZEN CENTER FIRST QUARTER 2024

SITTINGS: Monday through Friday 6–7 am | Tuesday & Thursday 6:30–8:00 pm | Sunday 9–10:30 am

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ZC Closed	2 Chanting and Altar take down	3	4	5 Retreat Deadline	6 Haiku Course
7 Teisho	8 FINDING YOUR SEAT	9	10	11 Sitting & Workshop Prep	12	13 WORKSHOP
14 Annual Sangha Meeting	15	16 Chanting	17	18	19	20 Ceremony Workday
21 Kannon Ceremony	22–27 ZC Closed—Zoom Sitzings Only					
28 Taped Teisho	29	30	31			

FEBRUARY

				1 Famine Relief Ceremony	2	3
4 Parinirvana Ceremony	5 FINDING YOUR SEAT	6–10 Zen Center Closed for Pilgrimage				
11	12	13	14	15	16	17
11–17 Zen Center Closed for Pilgrimage						
18	19	20	21	22	23	24
18–24 Zen Center Closed for Pilgrimage						
25	26	27	28	29		
25–29 Zen Center Closed for Pilgrimage						

MARCH

					1	2
					1–2 Roshi on Break	
3 Taped Teisho	4 FINDING YOUR SEAT	5	6	7 Chanting	8	9
3–9 Roshi on Break						
10 Sitting & Retreat Prep	11	12 Sitting & Retreat Prep	13 Metta 1	14	15	16 Vermont 2-Day Retreat
17 ...Retreat	18 ZC Closed	17–23 Roshi on Break				23 Indian Cooking Course Chaat
24 SANGHA ENTERTAINMENT Workday	25	26 Chanting	27 Metta 3	28	29 April 30 Sesshin Deadline	30 Workday for Temple Night
24–30 Roshi on Break						